



## **Culture, Ethnicity and Diversity**

**An accredited short course for managers, diversity leads and trainers**

Mon 20 Apr – Wed 22 Apr & Mon 22 Jun – Tues 23 Jun 2009

### **Summary**

This Masters level module will focus on issues relating to culture, ethnicity and diversity in health and social care. It will raise awareness of the current issues and challenges facing people from diverse groups in accessing health and social care services, relating to age, race, gender, religion and disability. The module will also present data on health disparities and reasons for their existence; explore diversity, cultural similarities and differences in patient populations; and present strategies for enhancing services for diverse populations at individual, organisational and policy levels.

### **Structure**

A challenging, stimulating and intensive five day course for Health and Social Care professionals within the public, voluntary and private sector. The module is drawn from the new suite of part-time and full-time programmes of study available at the University of Leeds in 2008/ 2009.

The course involves pre-reading and follow up work. Delegates may choose to either attend the course without assessment or complete an academic piece of work and gain 15 Master level credits and therefore be eligible to transfer these to a Postgraduate Certificate (4 modules), a Diploma (8 modules) or a Masters (8 modules and a dissertation) in Public Health at the University of Leeds.

### **Objectives**

On completion of this module, students should be able to:

- discuss key concepts relating to cultural competence - race, ethnicity, culture and discrimination
- identify ways of making interactions between health/social care professionals and service users more effective
- work effectively with diverse populations
- identify personal beliefs and attitudes relating to diversity and adopt a reflexive approach to practice

### **Knowledge outcomes**

On completion of this module, students should be able to:

- define and describe a range of inequalities in health and social care relating to ethnicity and culture
- describe common barriers to delivery and quality of health and social care in different ethnic groups
- explain structural issues that sustain inequalities in health and social care and strategies to address these

### **Skills outcomes**

On completion of this module, students should have the ability to:

- identify personal beliefs and attitudes relating to diversity and adopt a reflexive approach to practice
- identify and define issues relating to cultural competence, and apply appropriate knowledge and skills to resolve these
- recognise cultural and religious issues that should be considered in meeting the needs of individuals and populations
- identify ways of making interactions between health/social care professionals and service users more effective
- work effectively with diverse populations

### **Outline syllabus**

- Culture and cultural competence defined
- Inequalities in health and determinants of health
- Ethnicity and disability
- Ethnicity and mental health
- Ethnicity and reproductive health technologies
- Sexual orientation: invisible minorities
- Health care for refugees and asylum-seekers
- Ethnicity and older people
- Religion and Health (1)
- Religion and Health (2)
- Community engagement (1)
- Community engagement (2)
- Language and Communication
- Race Equality: Responsibilities of PCTs
- Examples of Good Practice
- Organisational policy and procedures/national policy

For further information please see the Masters in Public Health website:

**<http://www.leeds.ac.uk/lihs/mph>** or contact us. If you wish to apply please send a completed application form (<http://www.leeds.ac.uk/admissions/tp2002.pdf>) with the required accompanying documentation to:

Ms Samantha Gravells,  
MPH Programme Administrator,  
Academic Unit of Public Health,  
Leeds Institute of Health Sciences,  
Charles Thackrah Building,  
University of Leeds,  
101 Clarendon Road  
Leeds LS2 9LJ  
0113 343 6972  
[s.gravells@leeds.ac.uk](mailto:s.gravells@leeds.ac.uk)

The cost to attend this module for 2008/09 is £600. If however you work for the NHS in the Yorkshire and Humber region you may be eligible for a funded place. Please note if you apply for a funded place we will need to have the written support of your employer for you to attend.